CASSELLHOLME Newsletter

Compassionate care for life's journey.

February Edition 2019

IN THE NEWS!

Tax Season Page 2

Eyesight & Hearing Page 2

> Labeling Page 2

Daylight Savings Page 2

Wine & Cheese Socials Page 3

> Volunteer Week Page 3

Jayco Productions Irish & British Shows Page 3 & 4

> Easter Tea Page 3

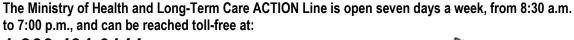
Kingdom Kids Page 3

Cinco de Mayo Page 4

Resident & Family Councils Page 4

Plus so much more....

Extra copies of this Newsletter are available in the Administration Hallway in the information rack.



1-866-434-0144

The Action Line is for residents of long-term care homes or their family members to report concerns about their care and the services provided by their long-term care home. The Action Line offers service in English and French.



Volume 74

We are excited to introduce you to our NEW WEBSITE!

www.cassellholme.ca

BINGO WINNER!!

Congratulations to our recent bingo winner, Judy!! She won \$500 playing TV Bingo!!





ealthy and fragrance-free

Cassellholme is a scent-free building. Please do not wear perfume, scented hairspray, cologne, scented deodorant, aftershave, other scented products or do not bring in highly scented flowers, such as lilies & baby's breath.

Scented products contain chemicals which cause serious problems for many people, especially those with asthma, allergies and environmental illness.

Remember – no scents is good sense!

Cassellholme has a <u>no-latex</u> balloon policy. Allergies are caused by the powder inside and outside the latex balloons. We ask that families please use the mylar (foil type) balloons.



Mylar balloons are made without latex, last weeks longer than regular balloons and can be **reused** until the self-sealing valve fails.





Compassionate care for life's journey.



Donate Today 400 Olive Street

400 Onve Street North Bay, ON P1B 6J4

705-474-4250

www.cassellholme.ca



Tel: 705-474-4250

Website: www.cassellholme.ca

Cassellholme Newsletter

Rent Receipts \succ T4, T3, T5 Receipts

Charitable Donations

2017 Tax Return

2018 Tax Form

Medical Expenses

tax and benefit return.



Eligibility for this Service:

Single Person: Income less than \$35,000.00

Couple: Combined income less than \$45,000.00 (interest less than \$1000.00)

www.ccra.gc.ca/volunteer 1-800-959-8281

Reminder - Change Your Clocks!!



Sunday March 10, 2019

RESIDENT CLOTHING



DROP-OFF Families and friends are reminded LOCATION FOR to bring all new incoming clothing items for residents. to our centralized drop off cabinet for labeling.

> The cabinet is located in the Main Hall outside the General Store and is equipped with bags and methods of identifying to whom the new items belong. We appreciate your attention to this matter.

Inquiries regarding resident laundry and labeling can be addressed to: Trina Milne at 705-474-4250 ext. 286 or email: milnet@cassellholme.on.ca

All resident's personal clothing must be labeled. It is highly recommended to use Cassellholme labels as they are designed to be easy to read, long-lasting and stay securely fastened to the clothing, thus preventing items ending up in the lost and found.

stay on you avancer % pied fern



Aging causes eye changes, which make it harder to:

- See obstacles, uneven footpaths and edges of steps
- See spills on the floor
- See well in poor light and cope with glare
- Adjust to sudden changes in light

Community Volunteer - Income Tax Program

Volunteers trained by the Canada Customs and Revenue Agency can help Cassellholme Residents and Castle Arms Tenants complete their income

Income Tax Services will be available in the Cassellholme Auditorium on: Thursday, March 14, 2019

9:00 a.m. - 12:00 p.m.

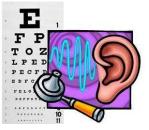
If you are interested in this service please bring the following:

Reminder: Residents applying for a Rate Reduction must submit their 2018

Notice of Assessment to Susan Newman - no later than June 1, 2019

How hearing loss can cause falls:

• When a person has hearing loss, their brain is working harder in order for them to hear. This means the brain doesn't have as much power to focus on balance and could cause a person to be unsteady on their feet.



• People who have hearing loss may have less awareness of their surroundings. This could cause them to trip and fall more easily.

To prevent your loved one from having a fall:

- Remove hazards which could lead to a fall
- Encourage using a walking aid if needed
- Allow time for them to adjust to different environments before walking

February Edition 2019

Cassellholme Newsletter



400 Olive Street, North Bay, ON P1B 6J4

Tel: 705-474-4250

Website: www.cassellholme.ca

Cassellholme Newsletter



TV B-I-N-G-O

Cassellholme residents and families are invited to play TV BINGO. Bingo is held weekly in the Auditorium. The cost for this activity is \$7.00 per card.

Contact the General Store for more information and to purchase your bingo cards and bingo dabbers.





Jimmy's Old Time Radio Show



CASSELLHOLME FAMILY COUNCIL

Cassellholme Cares About Continence

Did you know that Cassellholme has a continence ³ committee made up of staff dedicated to helping residents remain continent?

When continence proves impossible or impractical, this committee sees to it that residents live in comfort and dignity in spite of their incontinence. Cassellholme has a reputation for using the best products available to protect its residents against incontinence and its negative effects. As well, each unit in the home has one or more continence champions who promote practices that are helpful for continence care.

If you have concerns about continence, be sure to speak to the Registered Nurse (RN) or Registered Practical Nurse (RPN) on duty in your unit. If you are a resident or the Power of Attorney (POA) of a resident and would like to know what continence measures are already included in your individual Plan of Care, you can request a reprint of the plan.

If you would like to learn more about services offered by Cassellholme and offer practical suggestions that may be of benefit to all residents, be sure to attend Cassellholme Family Council meetings which are held the **first Tuesday of each month at 2 pm in the Garden Room** (unless otherwise posted).

Check the Family Council bulletin board beside the Garden Room for any changes.

If you would like to join the Family Council or would like more information, please contact:

Jillian Duchesne, Resident Support Coordinator Tel: 705-474-4250 ext. 311 or email her at duchesnej@cassellholme.on.ca

CASSELLHOLME RESIDENT COUNCIL



Cassellholme has an established Residents' Council. All residents are encouraged to join. Only residents of the Home may be members of the Residents' Council.

Meetings are held on the 4th Thursday of Every Month @ 12:00 p.m. in the Auditorium



All residents are encouraged to attend!

400 Olive Street, North Bay, ON P1B 6J4

Tel: 705-474-4250

Website: www.cassellholme.ca