

IN THE NEWS!

Rate Changes
Page 2

Closet Space
Page 2

Cassells Street
Construction
Page 2

Family Council
Page 2

Resident Council
Page 2

Garden Parties
Page 3

Spring/ Summer Menu
Page 3

BBQ Season
Page 3

Upcoming Events
Page 3

Bed Rails
Page 4

Consent to Receive
Electronic Mail
Page 4

Plus so much more....

Extra copies
of this Newsletter
are available in the
Administration Hallway
in the information rack.

The Ministry of Health and Long-Term Care ACTION Line is open seven days a week, from 8:30 a.m. to 7:00 p.m., and can be reached toll-free at:

1-866-434-0144

The Action Line is for residents of long-term care homes or their family members to report concerns about their care and the services provided by their long-term care home. The Action Line offers service in English and French.



RECEPTION / GENERAL STORE Will be CLOSED

Monday July 1/19



Monday August 5/19

Monday September 2/19



Help us keep the air we share
healthy and fragrance-free

Cassellholme is a scent-free building. Please do not wear perfume, scented hairspray, cologne, scented deodorant, aftershave, other scented products or do not bring in highly scented flowers, such as lilies & baby's breath.

Scented products contain chemicals which cause serious problems for many people, especially those with asthma, allergies and environmental illness.

Remember – no scents is good sense!

Cassellholme has a no-latex balloon policy. Allergies are caused by the powder inside and outside the latex balloons.

We ask that families please use the mylar (foil type) balloons.

Mylar balloons are made without latex, last weeks longer than regular balloons and can be reused until the self-sealing valve fails.



CASSELLHOLME

Compassionate care for life's journey.

Charitable Foundation

Donate Today

400 Olive Street
North Bay, ON P1B 6J4

705-474-4250

www.cassellholme.ca

**DID YOU
KNOW...**



Cassellholme has a Charitable Foundation!



RATE CHANGES

Changes to Monthly Rates for Accommodations – July 1, 2019

These new rates are based on the **2018 NOTICE OF ASSESSMENT**

If you wish to make an application for a Rate Reduction, the Notice of Assessment for year 2018 must be submitted to Susan Newman **no later than June 1, 2019.**

Once the new monthly rates have been determined, residents and/or Power of Attorney for finances will be receiving information which will require a signature. This agreement must be returned to Susan Newman in order to renew the monthly accommodation rates effective July 1, 2019.

If a Notice of Assessment for the 2018 tax year is not received, Cassellholme is required to charge the maximum monthly rate. This rate is subject to change annually as per the MOHLTC.

The NEW MONTHLY RATE FOR ACCOMMODATIONS WILL TAKE EFFECT ON JULY 1, 2019.

Rate reductions do not apply to residents occupying private rooms paying preferred accommodations.

CASSELLHOLME RESIDENT COUNCIL

Cassellholme has an established Residents' Council. All residents are encouraged to join. Only residents of the Home may be members of the Residents' Council.



Meetings are held on the 4th Thursday of Every Month @ 12:00 p.m. in the Auditorium

All residents are encouraged to attend!

CASSELLHOLME FAMILY COUNCIL

Family Council meetings are held the **first Tuesday of each month at 2 pm in the Garden Room** (*unless otherwise posted*). Check the Family Council bulletin board beside the Garden Room (in the main hall) for any changes. If you would like to join the Family Council or would like more information, please contact:

Jillian Duchesne, Resident Support Coordinator
Tel: 705-474-4250 ext. 311 or email her at duchesnej@cassellholme.on.ca



Seasonal Clothing & Closet Space



The weather is changing and our resident closets are in need of a clean-up.

As the seasons change and the weather gets warmer we ask that families bring in appropriate clothing for their loved ones and remove the warmer/winter clothing.

It makes it difficult to hang up clean clothes when the closets are overfilled, resulting in an untidy closet, and clothing on the floor.

Large items are not to be stored on top of closets (eg. suitcase, Christmas items).

Residents should wear loose, lightweight, light-coloured clothing. Soft and flexible jersey knit materials are recommended, rather than cotton. Jersey knit material will help protect fragile skin.

Please remember to have all clothing labeled



HATS NEEDED

Please bring in a hat for our residents so they can enjoy the outdoors & patio parties!



Homeowner / Business Notice Cassells Street Reconstruction

Tenders have been issued for the Reconstruction of Cassells Street from King Street to the Provincial Highway 11/17 with construction anticipated to start in mid-May 2019. The entire project is estimated to be completed in the late fall of 2020. The scope of the work involves the following:

- 4 travel lanes between King Street & Olive Street
- 5 travel lanes between Olive Street & Highway 11/17
- Various turn lanes and access upgrades
- 0.5 m wide sidewalk (both sides)
- Replacement of traffic signals at Chippewa Street & Olive Street
- Reconstruction of Shaw Street
- Improvements to the Victoria Street intersection
- Replacement of the sanitary and storm sewer systems
- Replacement of the water distribution system
- Replacement of the Cassells Street bridge
- Rehabilitation of Chippewa Creek on both sides of the new bridge, and
- Restoration of all disturbed areas to previous or better condition

Also included with this project is the realignment of North Bay Hydro's high voltage line on the north side of Cassells Street and relocating various utilities underground.

It is anticipated that motorists travelling through this section of roadway will experience delays and detours at various times over the approximately two-year construction period. As with all City projects, the awarded General Contractor will be required to maintain access to home and business owner's properties; provide wayfinding signs for assistance to locate access to businesses; assist with garbage collection; and limit the extent of noise and other inconveniences during construction.

This project will be managed by City of North Bay staff and a City Inspector will be on site continuously to liaise with the public and respond to any questions or concerns that may arise.

Once a Contractor has been awarded the project this spring, their schedule of work will be provided to the public in a separate notice.

Thank you,
Gerry McCrank, Senior Project Manager
City of North Bay

Summer Garden Parties!

Wednesday Afternoons at 2:00 p.m.

Oval Garden

Musical Entertainment & Summer Treats



TV B-I-N-G-O

Cassellholme residents and families are invited to play TV BINGO. Bingo is held weekly in the Auditorium.

The cost for this activity is \$7.00 per card.



Contact the General Store for more information and to purchase your bingo cards and bingo dabbers.

Goldenheir Southern Gospel Music

July 29th, 2019
6:45 p.m.
Auditorium



TAN JAY

CLOTHING

Trunk Sale



May 28th, 2019

1-5pm

Cassellholme Auditorium

Everyone Welcome!

2019 Canada Day Celebrations

Watch for date & time
on the monthly activity
calendars

CANADA!



YEE HAW!

It's BBQ Season!



Every Tuesday at Noon
June ~ July ~ August
Auditorium

Residents are invited from
a different unit each week

Guests are always welcome!

Purchase your Guest Tickets in
the General Store



What's Happening at Cassellholme?

Watch for our monthly resident activity calendars to see
upcoming events, entertainment & activities!

OR

Visit our NEW Website!

www.cassellholme.ca



Attention all Residents!!

Join us in the Auditorium once a month for Sip & Paint!!
Follow along while the talented Jen guides you step-by-step through
the spring/summer themed paintings.

We provide all the painting supplies, refreshments,
and a great time!



NO EXPERIENCE
NECESSARY!

MENU

The NEW
Spring & Summer
Menu
will begin at the
end of May 2019



Bed Rails and Safety for Residents of Cassellholme

Cassellholme is committed to ensuring a safe and healthy environment that supports quality of life for each resident living in a long-term care home.

What is Entrapment? Why are we concerned?

Entrapment is an event in which an individual is caught, trapped or entangled in the spaces in or about the bed rail, mattress or bed frame. Deaths and injuries result from entrapment. Those most vulnerable for entrapment include individuals who are elderly, frail, confused, restless, are in pain, have altered mental status or uncontrolled body movements.

What are the potential risks of bed rails?

- Strangling, suffocating, bodily injury or death
- Serious injuries from falls when individuals climb over rails
- Skin bruising, cuts, and scrapes
- Inducing agitated behavior when bed rails are used as a restraint
- Feeling isolated or unnecessarily restricted
- Preventing residents who are able to get out of bed from performing routine activities such as going to the bathroom

What do we know about reducing the risk of entrapment and injury?

- Injuries and deaths from entrapment are preventable
- Most residents can be in bed safely without bed rails
- Bed rails do not prevent falls
- We live the majority of our lives without bed rails

Are there times when bed rails might benefit a resident?

- Aiding in turning and repositioning within the bed
- Providing a hand-hold for getting into or out of bed
- Providing a feeling of comfort and security
- Providing easy access to bed controls and personal care items

What happens when bed rails are indicated?

When bed rails are used, an on-going assessment of the resident's physical and mental status will be completed by the care team. **The following strategies will also be considered:**

- Completing a detailed care plan to indicate resident preferences so that needs are met
- Using a proper size mattress or mattress with raised foam edges to prevent residents from being trapped between the mattress and rail
- Reducing the gaps between the mattress and bed rails

What is your role as a family member?

- Discuss with the care team whether or not bed rails are indicated
- Encourage your loved one to participate in care planning to help design a safe and comfortable bed environment that meets your loved one's individualized needs
- Observe how your loved one responds to any changes in the bed environment and share that information with the care team
- Be informed. Since our loved one and you are integral members of the team, learn about bed safety and appropriate care options.



CASSELLHOLME

Compassionate care for life's journey.

Consent to Receive Electronic Correspondence

We are pleased to offer families the opportunity to receive information about your loved one residing at Cassellholme through electronic communication.

If you would like to receive correspondence via email, instead of mailed paper copies, please complete the consent form below. Completed forms can be dropped off at the General Store/Reception area or submitted to Jillian Duchesne, Resident Coordinator. A scanned, signed, copy can also be emailed to Jillian at duchesnej@cassellholme.on.ca

Resident Name: _____

Contact Name: _____ **Relationship to Resident:** _____

Email Address: _____

Signature of Consent: _____ **Date:** _____

You may withdraw your consent from our electronic communication at any time by contacting Jillian Duchesne, Resident Coordinator 705-474-4250 ext. 311. duchesnej@cassellholme.on.ca Additional forms are available at Cassellholme.