# Volunteer@Cassellholme

#### Volunteers are special people

Join us! Volunteers significantly enhance the quality of life, community spirit and fun at Cassellholme. You'll get plenty of encouragement and support to build on your skills.



#### Volunteering feels good

Volunteering is a fun and rewarding way to spend spare time and be active in your community. It looks great on a resume and introduces you to plenty of new ideas and skills for career growth. If you're retired, you'll find time spent with seniors a joy and inspiration.

## Take the first steps!

- 1. Fill in a form cassellholme.ca/volunteer/ [printed copies are available at Cassellholme].
- 2. Email it to volunteer@cassellholme.ca or drop it off at Cassellholme.
- 3. We'll call you to schedule an interview. If it feels like a good fit for you, and for us, we'll contact your references.
- 4. Every volunteer over 18 needs to get a criminal reference check [CPIC] before they start volunteering you'll be reimbursed for the cost.
- 5. The last step is to sign you up for a one-hour volunteer orientation.

### Volunteer opportunities

| ACTIVITIES  | FOOD SERVICE   | PASTORAL CARE  | OTHER  |
|---|--|--|--|
| bingo, games, music,<br>special occasions,<br>manicures, crafts, fitness,<br>outings, walks, trivia | meal time assistance,<br>Community Support<br>Services [CSS] lunch<br>or dinner server | hymn sing, prayer group,<br>worship/mass service,<br>rosary group, *palliative<br>care | friendly visiting,<br>*hairdresser,<br>entertainment |
| *these programs require special traini  | ng or additional qualifications  |  |  |

# **Get Involved!!!**

#### Youth and student volunteers

Students 12 and up are encouraged to volunteer at Cassellholme to complete your high school community hours. Events and activities happen after school, or on evenings and weekends.

It's interesting, rewarding and fun volunteer work, with many programs geared towards students. You'll be well-supported by Cassellholme professionals and welcomed by our Residents!

If you have time to give, your contribution to seniors in your community is greatly needed and appreciated. Who knows, you might even find career ideas.

# Cooperative placement

Cassellholme supports several placement and cooperative education programs. We provide a meaningful experience that reaches the educational outcomes of many designated programs, including:

- √ high school cooperative education
- personal support worker[PSW] community hours
- activation and techniques in gerontology placement
- recreation and leisure placements
- ✓ social work/social service workers placements and community hours
- ✓ Ontario Works placements

#### **Employer-supported volunteerism**

Canada is experiencing an important rising trend in employer-supported volunteerism. Nationally, companies are encouraging employees to be active humanitarians in their communities.

When a company supports employee volunteerism, it sends a clear and significant message to the community that they are aware of its needs. It also fosters teamwork and pride when employees take active voluntary roles in the community. They increase staff moral and bring positive attention to their business or company.

While financial donations are always appreciated, the gift of volunteer time is equally important. We have plenty of opportunities for individuals, or groups of employees, to help seniors actively participate in recreational programming, enjoy comfortable dining experiences, or have meaningful one-on-one visits.

CONTACT US TO TALK ABOUT GETTING INVOLVED AND MAKING A DIFFERENCE IN YOUR COMMUNITY.

705-474-4250 EXT. 341 OR VOLUNTEER@CASSELLHOLME.CA

# Volunteer Application

#### **Personal Information**

After a successful interview, volunteers 18+ need a criminal reference check [including the vulnerable sector check] and a two-step TB test before volunteering at Cassellholme.

first name

last name

street address

city

postal code

mobile phone

home phone

work phone

email

age group

12 - 19

20 - 64

References

Please provide two personal references that are NOT family members [example: neigbour, teacher, employer, other volunteer position contact, etc.]

reference #1

reference #2

#### **Availability**

We ask that you show up with energy, willingness and an interest in helping others. Residents benefit from consistency, so please make a time commitment you can honour.

weekdays

Saturdays

flexible

65+

weekday evenings

Sundays

Do you have a specific day/time availability?

## **Opportunities of interest**

You can share your ideas, passions and skills with people who really appreciate you. And, as a bonus, you may be surprised what you learn about yourself!

activities

[e.g. bingo, games, music, manicures, crafts, fitness, outings, walks, trivia]

fond service

[e.g. meal time assistance, Community Support Services – lunch or dinner server]

pastoral care

[e.g. palliative care, hymn sing, prayer group, worship/mass service, rosary group]

other

Tell us about any experience, expertise or interest you'd like to share with us.

## How did you hear about us?

Cassellholme volunteer

newspaper

friend or relative

television

educational institute

radio

volunteer centre

other

# **Volunteer Contract**

#### I understand that:

- ✓ the information that I've provided may be verified and I give Cassellholme permission to make inquiries of others that may include a criminal background check to determine my suitability to volunteer
- ✓ in the course of volunteering, I may be dealing with confidential information and I agree to keep such information in the strictest confidence
- ✓ the relationship between me [the volunteer] and Cassellholme is an "at will" arrangement and it may be terminated at any time without cause by either me or Cassellholme

- ✓ it is my responsibility to notify the Volunteer Coordinator 48 hours in advance if I'm unable to make an activity [occasional exception can be made]
- ✓ if I miss repeated events without informing the Volunteer Coordinator in advance, I'll no longer be scheduled as a volunteer at Cassellholme
- ✓ in the course of volunteering, I will be required to participate in a free training session

I've read the above and the information I've provided is true and complete.

| volunteer signature  | date         |  |
|--|--------------|--|
|  |              |  |
|  |              |  |
| parental signature [required for volunteers under age of 18] | date         |  |
|  |              |  |
| <b>Emergency Contact</b>                                     |              |  |
| In the event of an emergency, who should we notify?          |              |  |
| name   | mobile phone |  |
| relationship   | home phone   |  |
| email address  | work phone   |  |