

Essential Caregivers

Residents and POA/SDM can designate essential caregivers [ECGs]. They are welcome indoors daily for 8 a.m. to 8 p.m. [please avoid 2:30 to 3:30 p.m.].

During an outbreak, only one ECG can be indoors at a time and when possible, they help with:

- assist with a meal and/or hydration
- encourage mobility – getting up, walking
- assist with personal care – washing, dressing, oral/mouth care, shaving, haircuts, glasses cleaning
- organize and tidy Resident's room, bed making, wardrobe/closet
- engage in meaningful conversation and information sharing [cognitive stimulation]
- understand and communicate Resident's wishes
- provide connection to friends, family and the community

Rules* [as of April 1, 2023]:

- ▶ refresh your training regularly [proper hand washing, PPE donning and doffing, etc.] – paying special attention to updated information and guidelines
- ▶ complete the passive self-screening questions at entry and wear the lanyard provided
- ▶ **wear the mask [medical or N95 as indicated by the door signage]Cassellholme provides over your nose and mouth for the entire time [no eating or drinking]**
- ▶ maintain physical distancing [6 feet or 2 metres]
- ▶ to go outdoors, sign out on the the unit and stay on Cassellholme grounds

* updated/current guidelines are on the website for your review cassellholme.ca/visiting

I understand the above statements and agree to the terms.

name of Resident and location

address of essential caregiver

name of designated essential caregiver

signature of essential caregiver

email address and/or phone number of essential caregiver

date